



Step Forward presents

# “Bouncin Back”

A series of community conversations on Adverse Childhood Experience (ACEs)

Now more than ever parents and caregivers need access to the tools and resources that reduce trauma and encourage resiliency. The ACEs Parent Talks are safe settings where parents and caregivers can share their daily challenges, learn ways to practice self-care and explore how best to support the developmental and social emotional needs of their children. Door prizes drawings will be held and lunch will be provided to participants.

**Saturday, January 27, 2024**

10:00 AM - Noon | Mamie Hicks Recreation Center  
200 Mayfair Drive, Shreveport, LA 71107

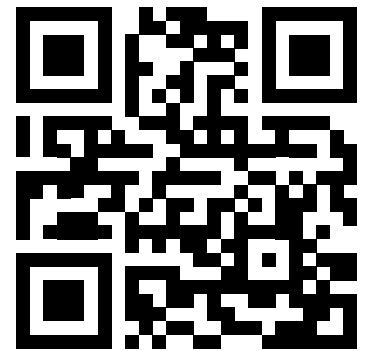
**Saturday, April 20, 2024**

10:00 AM - Noon | Valencia Recreation Center  
1800 Viking Drive, Shreveport, LA 71101

**Saturday, July 20, 2024**

10:00 AM - Noon | Lakeside Parks Recreation Center  
2200 Milam Street, Shreveport, LA 71103

Scan the QR code to  
register for a series.



[cfnla.org/events](https://cfnla.org/events)

For questions, contact Carla Burgos at 318-210-1553 or [burgos@cfnla.org](mailto:burgos@cfnla.org).



**Step Forward**

An initiative of Community Foundation of North Louisiana



**Humana**  
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COMMUNITY  
CARES**